

LGBTQ+ AFFIRMING SERVICES



Treating the LGBTQ+ Community

At Bayside Marin, we understand the unique vulnerabilities and significant stressors members of the LGBTQ+ community face in their personal lives as well as the workplace. We are aware that the LGBTQ+ population has experienced not only maltreatment and unfair judgment, but also violence and other traumas. While we recognize the significant impact of overt and hostile discrimination, we are also mindful of the subtle microaggressions that can make someone feel powerless or hopeless. We know that persistent exposure to hate speech, racism, stereotyping, and physical/emotional threats can take a toll on LGBTQ+ individuals and sometimes lead to complex posttraumatic stress disorder (PTSD).

We are pleased to have experts who specialize in meeting the targeted needs of the LGBTQ+ community while helping to set the tone in providing an affirming and inclusive environment. We know that this requires not only an understanding of the population, but the ability to see each LGBTQ+ person as a unique individual. All members of our clinical and medical staff receive ongoing training and support to be able to recognize and respond to the challenges that may have contributed to substance misuse and mental health complications in this population. For addiction treatment, Bayside Marin emphasizes nonjudgmental best practices, flexibility, safety, and collective decision-making that promotes communication, self-respect, and pride while reducing barriers to treatment.

Affirming Services

We uniquely tailor our LGBTQ+ Affirming Services to assist and support members of the community so that they can begin the process of healing from the effects of substance misuse and behavioral health disorders. We do this by welcoming and affirming each LGBTQ+ person's identity and experience.

Our Philosophy

Bayside Marin recognizes the societal challenges that confront many LGBTQ+ individuals and their families. To meet these needs head-on, we embrace a positive view of all identities/relationships and address the negative influences homophobia, transphobia, and heterosexism have on the lives of our LGBTQ+ clients.

It is our vision that members of the LGBTQ+ community find Bayside Marin to be a safe and inviting environment that is designed to introduce healing from marginalization, addiction, mental illness, and more.

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Our Staff

Our multidisciplinary team includes clinical and medical professionals who have extensive experience in treating the LGBTQ+ community.

- Board-certified medical director
- Nurse practitioners and physician assistants
- 24/7 registered nurses (RNs) and licensed vocational nurses (LVNs)
- Clinical psychologists
- Master's level clinicians and certified addiction counselors



Our Residential Program

Our staff understands that substance use and behavioral health disorders inhibit members of the LGBTQ+ community from living healthy, full lives, and we are dedicated to providing treatment that is culturally relevant with a focus on overall healing and empowerment. We do so by helping individuals explore and express their identity in a safe and productive way while creating individualized detox protocols, treatment regimens, and continuing care plans that are designed to address the unique needs of the LGBTQ+ community.

Our staff is sensitive to those everyday occurrences most people take for granted, including the use of preferred pronouns or chosen names, as well as providing access to gender-neutral bathrooms. We work with the client to assign housing based on identified gender, and we provide trans-inclusive and nonbinary support services that foster acceptance for fluid expression and identity.

Bayside Marin is known for its blend of evidence-based practices and holistic modalities, client-centered care, and for having a high 3:1 staff-to-client ratio. Our distinctive Five-Phase Treatment Model is the result of decades of experience in the field of recovery. By guiding clients through each phase of treatment (Incentive, Awareness, Support, Vigilance, and Preparation), our clinical teams help individuals build a healthy foundation for healing and recovery.

Family Program

At Bayside Marin, we believe recovery is a community effort. We offer biweekly, two-day intensive Family Program workshops, and throughout the course of treatment, we seek input from family, friends, significant others, colleagues, and employers when appropriate.

Continuing Care & Ongoing Support

Each client receives a customized discharge plan upon completion of treatment, and we work with resources nationwide to ensure that LGBTQ+ clients can connect with culturally relevant and responsive resources after discharge from Bayside Marin. We also offer weekly alumni meetings, as well as access to the Recovery Choice® Alumni Outreach Program to provide support, resources, and promote frequent connection during the first year of recovery.